



INSPIRATIONAL READINGS AND RESOURCES FOR LENT

As we enter the solemn season of Lent, we often look for spiritual inspiration with new readings or videos. Spirituality asked around SFA and here are a few ideas we can share.

<https://books.wordonfire.org/thepaschalmystery> - Deacon Tom

“**Word on Fire**” is Bishop Robert Baron’s inspiring library of videos and literature. One cannot recommend this highly enough. Roam through his YouTube videos and just there you will find inspirational gold. Follow him and Word of Fire on Facebook.

<https://www.abidingtogetherpodcast.com/be-transformed> - Deacon Brian

This is an incredible podcast program and the one listed here refers to their program for Lent. Look into their whole library of Podcasts. They are deep yet understandable for all of us on our journey home.

Our own SFA Book Club is reading **VOI. II of Pope Benedict’s series on Jesus of Nazareth.**

Get with the Franciscan Friars of the Renewal specifically: “**Doing Lent Right.**”

<https://www.franciscanfriars.com> All podcasts and programs on their Poco a Poco are wonderful.

Spoke Street presents **Preparing for Lent** at <https://spokestreet.com/lentprep/>

The Paschal Mystery: Reflections for Lent and Easter from Word on Fire.

The cost of this book is only for shipping. It is a little Masterpiece and highly recommended by Spirituality at SFA.

Another book recommendation from Spirituality is **Kindness** by Fr. Frederick William Faber. It can be found as a podcast on Librivox, free. 3 ½ hrs. long. Hard copy available as well.

“**The Chosen**” - If you have not been following this streaming masterpiece, you are in for inspiration beyond inspiration. Make sure to check out the extras, too.